

HOW TO DO A PERFECT BUN

You will need...

- Strong thick hair elastic to match hair colour
- Hair pins
- Bobby pins
- Bun net or hair net
- Brush or comb
- Hairspray & Gel (For stage and exams only)



1. Brush hair to get rid of any knots and tangles.

2. Brush hair and pull back into a ponytail, avoiding any "lumps and bumps". Secure ponytail tightly with hair elastic. **A neat and tight pony tail with hair drawn snugly back is the key to making a good ballet bun.**

*****For stage and exams: Brush gel and/or hairspray through the hair while putting it up in a pony tail. Smooth out any bits with extra gel and/or hairspray prior to doing the actual bun.*



3. Twist the ponytail as you gradually wrap it around the hair elastic, inserting hair pins as you wrap, creating a , coiled circle. Be sure that your hair pins contain hair from both the head and the ponytail. This will hold your bun close and flat to your head.



4. Wrap your hair net or bun net around the bun as many times as it will allow for a snug fit. Try not to make the net too tight, as this will make the bun protrude too much from the head causing an egg shaped bun!

5. Reposition the hair pins to hold the hair net in place, using extra pins if needed. The idea is to have your bun **as flat as possible** to the head.

6. Use bobby pins or hair spray to pin back any stray hairs!

